

# THE VIGILANCE

SEPTEMBER – OCTOBER  
2010 C.E. – A.S. XLV



**DAGONELL AND CIGFRAN RECEIVE THEIR PELICANS FROM QUEEN TESSA AT  
SUMMER'S END IN THE CANTON OF BEAU FLEUVE. PHOTO BY MISTRESS  
SHE'HERA OF DEBATABLE LANDS**

**THE SHIRE OF HERONTER**

**[WWW.HERONTER.ORG](http://WWW.HERONTER.ORG)**

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## **SHIRE NEWS**

“The hurrier I go, the behinder I get.” -- The White Rabbit, Alice in Wonderland by Lewis Carroll.

I'd like to apologize for the lateness of this issue; my life has been completely turned around in the last two weeks. First of all, I got hired by the Seneca Nation of Indians to be the database report writer for their health department. Better job, better working conditions, better pay, shorter commute. I'm currently transitioning between my old job and my new one. And by now, everyone has heard, my lady wife and I got inducted into the Order of the Pelican at Summer's End in Beau Fleuve. Now, on with the show...

**Congratulations** to Olga for taking second place in the light rapier division of the Aethelmearc Novice Fencing tourney! Also for receiving her heavy rapier authorization at Pennsic.

**Congratulations** to Aaron the Swift for being named most Chivalrous in the Atlantian Three Man Team Youth Tourney at Pennsic.

**Congratulations** to Lord Ian and Lord Tiberious for being named members of the Aethelmearc 10 man tourney at Pennsic.

**Congratulations** to Dona Dorinda for being elevated to the Order of the White Scarf at Pennsic.

**Congratulations** to Duke Matthew on his Augmentation of Arms from Their Majesties Drachenwald at Pennsic.

**Congratulations** to Jill and Kurt Meyer (Errole) on the new addition to their family. Percival Urik Meyer born at 9:12 am August 14, 2010.

**Congratulations** to Aaron the Swift - winner of the youth fighting at Summer's End.

**Congratulations** to Lord Tiberius - second place in a huge Summer's End tourney.

**Happy Birthday** to Mistress Cigfran who celebrated on September 10<sup>th</sup>

**Happy Birthday** to Countess Liadain who celebrated on September 12<sup>th</sup>

**Scare-assic Park**, the Hael’s annual Pirate demo at Penn-Dixie, will be held on Saturday, October 2<sup>nd</sup>. See the website: <http://penndixie.org/events/2010/1002pirate/1002pirate.html> for more details.

**Happy Birthday** to Lord Tronose who will be celebrating on October 4th

**Best Wishes** for a speedy recovery to Lady Shahira Abdul Sammad of Rhydderich Hael who recently underwent minor heart surgery

**Congratulations** to Lord Will and Lady Thora who will be celebrating their 1st wedding anniversary on October 10<sup>th</sup>.

**Congratulations** to Lord Dagonell and Lady Cigfran who will be celebrating their 19<sup>th</sup> wedding anniversary on October 26<sup>th</sup>.

**The Unitarian Universalist Congregation of Northern Chautauqua** will be holding their first annual Goods and Services Auction on November 13<sup>th</sup>. The theme will be “A Renaissance Faire” and we’ve been asked to provide color for the event. No fighting or fencing, just a few gentles in garb “speaking forsoothly”.

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**Book Review:** The Book in the Renaissance by *Andrew Pettegree* -- The book showed up in the New Books section of my local library, so I'm presuming it's just out. It covers how the printed book eventually replaced the illuminated manuscript throughout Europe. It wasn't the hostile takeover that one might first suspect. For a long time, both markets were able to flourish and even work together. It wasn't unusual for a book to be composed of both printed and calligraphed pages. Or calligraphers were hired to embellish a book because if a page was run through the press a second time for an additional color it was likely to come out off-center. They also used different supplies, scrolls continued to be produced on vellum or animal hide, while books were printed on linen-rag paper. The inks were often different as well, as a good book ink had different properties than good scroll ink. The market for ink increased rather than shift. I found the book interesting, but my non-fiction reading tends toward the academic. I suspect that there are people who will find this dull reading.

## **From The Good Huswives Jewell by Thomas Dawson (1596)**

“To farse Egges

Take eight or ten egges and boyle them hard, pill of the shelles, and cutte every eg in the middle then take out the yolkes and make your farsing stufte as you do for flesh, saving only you must put butter into it insteede of suet, and that a little so doon fill your Egges where the yolkes were, and then binde them and seeth them a little, and so serve them to the table.”

“To Farse all things

Take a good handfull of tyme, Isope, Parselye, and three or foure yolkes of Egges hard roasted, and choppe them with hearbes small, then take white bread grated and raw eggs with sweet butter, a few small Raisons, or Barberies, seasoning it with Pepper, Cloves, Mace, Sinamon and Ginger, working it altogether as paste, and then may you stuffe with it what you will.”

### **Farsed Eggs: A Redaction by Dagonell**

6 eggs	1/8 teaspoon ground pepper
2 Tablespoons butter	1/8 teaspoon ground cloves
2 oz. pasteurized egg-substitute	1/8 teaspoon ground mace
1 Tablespoon breadcrumbs	1/8 teaspoon ground cinnamon
1 Tablespoon parsley	1/8 teaspoon ground ginger
½ teaspoon thyme	small handful of raisins

Hard boil six eggs, peel them, cut in half the long way, and remove the yolk. Place the egg-whites on a plate in an attractive arrangement. In a bowl, combine egg yolks, butter, egg substitute, breadcrumbs, raisins, herbs and spices. I used pasteurized egg-substitute instead of raw eggs for health reasons. Mash everything together into a paste. Stuff the mash

into the hollows in the egg-whites. Refrigerate until served. Being used to traditional ‘deviled eggs’ with mustard and mayonnaise, I found these to be pleasantly savory. The raisins actually took something away from the taste. It’s cheap, simple to make and tasty. I would highly recommend this as a feast side-dish.

## **Fall Coronation of Duncan and Illish – September 18, 2010**

It is with great pleasure that the Shire of Hunters Home invites one and all to celebrate the Fall Coronation of Duncan and Illish to be held at the Grove City Masonic Hall, 1340 West Main Street, Grove City, PA 16127 on September 18, 2010. A delicious sideboard lunch will be provided for all to be followed by a grand royal feast that evening prepared by Head Cook Mistress Constance Waite (constancew@zoominternet.net). Please contact her with any dietary concerns.

Let it be known that Duncan and Illish would enjoy holding several wondrous contests on this glorious day. Come all brave and valiant youth of Aethelmearc to cross swords in the Youth Champion competition on this day. Talented artisans and bards of Aethelmearc are asked to take part in an Arts and Sciences Competition or match their skills to be the next Bardic Champion.

The site is discretely damp with open flames kept to the minimum roar of candle light. The only animals permitted on the grounds are registered service animals. The site is handicap accessible. Site opens at 9 a.m. and closes by 10 p.m. Autocrat for the event will be THL Sabina of Kilkenny (Tammy Hall, 108 Maple Manor Slippery Rock, PA 26057, 724-290-7289 sabinakilkenny@gmail.com) Site fees: \$8 for Adults and \$6 for youth (5-17), under 5 years old are free. The non-member surcharge will be \$5. Feast fee: \$8 for adults and \$6 for youth of any age who plan to sit in their own chair at feast, with babes in arm or sitting on parent's lap free. Please send your reservations or reservation questions to THL Gabby d'Asti (Karen Murdick, 164 Jamisonville Rd. Butler, PA 16001 724-285-3409 after 6 p.m., kmurdick@zoominternet.net) with checks made payable to "SCA, Inc Hunters Home."

### Directions:

Take best route to Interstate 79 in Pennsylvania: Take Exit 113 Grove City. (If coming from the north, turn left onto route 208 East. If coming from the south, turn right onto route 208 East) Travel 2.2 miles and turn left onto George Junior road (Katie's Korner Ice Cream on the corner). Go approximately 0.8 miles and turn right onto Carrie Way (if you pass Aldi's/Sheetz you went too far) Go to end of road and turn left onto Ivan Drive and site will be on the right.



Join the Shire of Heronter September 24th through 26th for its 17th annual Harvest Raid! The event will be held once again at the beautiful Lake Chautauqua Lutheran Center (5013 NY Route 430, Bemus Point, Chautauqua, New York 14712) and will include a weekend of friends, feasting, fighting, fencing, thrown weapons, archery, arts and sciences, puppet show ...did we mention friends and feasting?

The site opens at 3:00pm on Friday, September 24, 2010 and closes promptly at 10:00am on Sunday, September 26, 2010. The feast will be an old fashioned pig roast with seasonal side dishes prepared by Cheryl of Heronter (headcook@heronter.org) and is limited to 192 seats.

Fees are as follows:

Site Fee: \$9.00 Adults, 0-17 Free!

Feast Fee: \$7.00 Adults, (13-17 Full Price) (5-12 Half)

Cabin Fee: \$6.00 Adults (Weekend), \$3.00 17 & under

Tent Fee: \$1.00 Adults (Weekend)

Children 17 and under will not be charged a site fee.

For students (13-17) we must ask the full adult feast price for those who wish to stay for dinner. The site fee includes a sideboard lunch and the camping/cabin fees includes a light breakfast on Saturday. There is no family cap.

Reservations should be sent to Duchess Dorinda Courtenay (Dorinda Courtine-White, 47 Chestnut Street, Jamestown NY 14701, phone 716-664-5487 before 10:00 p.m. or [exchequer@heronter.org](mailto:exchequer@heronter.org)). Make checks payable to SCA Inc, Shire of Heronter. Please note that, as per Society policy, a \$5 non-member surcharge will be charged on top of all other fees for those gentles age 18 and over who do not have proof of membership when they check in at the door. All questions can be directed to the Event Steward, Baroness

Margerite de la Marche (Jennifer Bastian, 532 Lakeview Avenue, Lower, Jamestown NY 14701, eventsteward@heronter.org, phone 716-450-4983 before 10 p.m.) Details may be found on the shire's website at: <http://www.heronter.org/Events/harvest2010.html>

**Directions:**

From the West, South and East: Take your best route to I-86 (former Route 17). Take Exit 10 (Westfield/Mayville) to get to Route 430 West. (From the West it is marked only as Route 430 West. Do not take exit 9 to Bemus Point). Follow the signs for Route 430 West towards Westfield and Mayville. From the exit, it will be several miles to the site (3 or 4 miles depending on where you start counting). You will pass Long Point Park and Midway Park before seeing the Lutheran Camp on your left. The camp is at the top of a long hill next to a huge tree. The sign is difficult to spot, so we will try to mark the spot well.

From the North: Take your best Route to I-90. Exit at the Westfield exit (#60) and take Route 394 to Mayville. Pick up Route 430 East and follow to the site. The site will be on your right and will be marked as above.

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**Website of the Month:** A Circle of Bards (<http://bardic-circle.net>) -- This website was started in March of this year by Lord Niall MacFarlane. It started out being somewhat An Tir specific, but as more bards sign up for the website, it's becoming more universal. Bards have been posting lyrics to original works and traditionals as well as sound files so you can hear the piece as well as see it. There are discussion forums and calendars where bards can list what events they'll be performing at. Signing up is free.  
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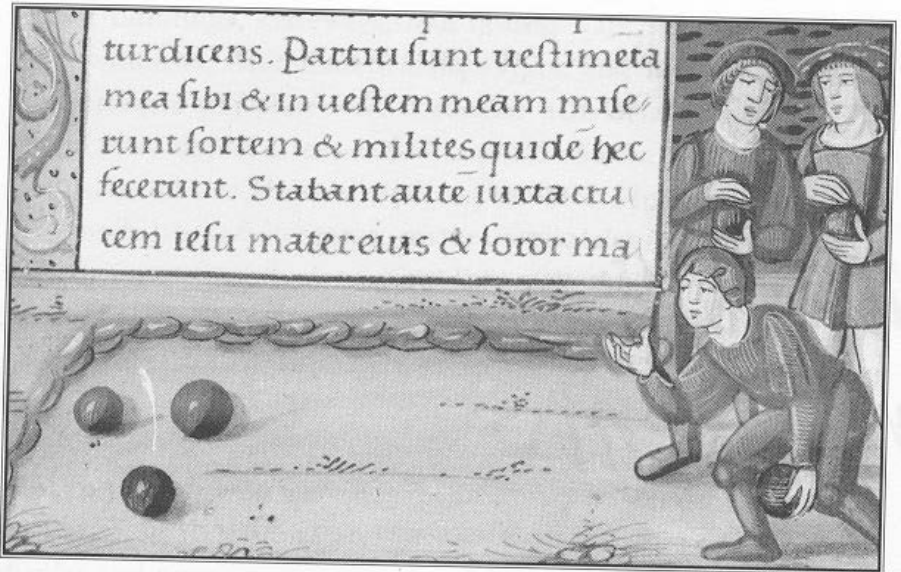
***Game of the Month: Bowling***  
**By THL Dagonell**

**In 1936, British anthropologist Sir Flinders Petrie found a bowling ball and pins in a child's grave in Egypt, dating back to 3200 BC, which would make the game of bowling over 5,000 years old. However, a German historian named William Pehle,**



asserted that bowling began in Germany around 300 AD. Monks would set up pins called kegels, which represented human sins or temptations. They would then throw stones at the pins, thus conquering sin. Kegling is another term for bowling, even today. There are records indicating that some variation of bowling has been played throughout history all over the world.

As a peasant's game, absolutely nothing was standardized. The size, number, weight and arrangement of the targets varied wildly from village to village, as did the ball. The illustration below (Bodleian Library, Oxford, Ms. Douce, 276, f. 12r) shows bowlers taking turns at a feather stuck upright in the ground. Another variant of the game used a half-ball which was slid on its half side towards the pins.



Feather-bowling (Bodleian Library, Oxford, Ms. Douce, 275, f. r12)

The oldest bowling green in the world is in Southampton England, which claims that it has been in continuous usage since 1299. In 1366, King Edward III outlawed bowling

because it was diverting his troops from archery practice. In 1477, King Edward IV issued an edict against “bowles, closh, kayles, hand-in and hand-out” for similar reasons. Closh is an early form of croquet. Kayles involves knocking down pins with a stick instead of a ball. Pleasures and Pastimes in Medieval England by Compton Reeves states that Hand-In and Hand-Out were two separate ball games whose rules are lost to us. However, Alice Gomme’s Traditional Games of England, Scotland and Ireland states that “Hand-In and Hand-Out” is a children’s game similar to the American game “Duck, Duck, Goose”. While I can easily imagine soldiers playing bowling, croquet, and kayles; I have difficulty imagining grown men amusing themselves with “Duck, Duck, Goose”. I believe Reeves to be correct, and Gomme’s game came much later and has nothing in common with the earlier game save the similarity of names.



Playing Kayles (British Library, Ms. 22494, f. 42)

King Henry VIII enjoyed lawn bowling. However, he banned the game for those who were not “well to do” because “Bowyers, Fletchers, Stringers and Arrowhead makers” were spending more time at recreation than practicing their trade. Henry VIII declared that anyone who kept a bowling green had to pay a fee of 100 pounds. However, the green could only be used for private games and the edict forbid anyone to “play at any bowle or bowles in open space out of his own garden or orchard”.



Bruegel's "Children's Games" (Detail) 1560

The most famous bowling story of all time is attributed to Sir Frances Drake. On July 18, 1588 Drake was lawn bowling when a messenger informed him that the Spanish Armada was approaching. He continued to play saying, "We still have time to finish the game and to thrash the Spaniards, too." He lost the game, but won the war.

The American version of bowling, played with ten pins in a triangular arrangement, only dates back to the mid-1840's. A number of Internet sites state that the tenth pin was added to get around a anti-gambling law forbidding the game of nine-pins, but I cannot find any citation for the law itself.

## Bibliography

The Bowling Museum --

<http://www.bowlingmuseum.com/history.asp>

Online Guide to Traditional Games --

<http://www.tradgames.org.uk/games/Bowls.htm>

DeLuca, Jeff (SCA: Salamallah the Corpulent) Medieval Games

Gomme, Alice Traditional Games of England, Scotland and Ireland (London; Thames and Hudson; 1894; 2 vol.; ISBN 0-500-27316-2; \$18.95)

Reeves, Compton Pleasures and Pastimes of Medieval England (England; Alan Sutton Pub.; 1995; ISBN 0-7509-0089-X; 228 pgs)

Editor's Note: This is a non-SCA event at the California University of Pennsylvania which is just outside of Pittsburgh. I am including it here because it may be of interest to SCAdians.

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### **Event Description**

"Dancing with Death: Warfare, Wounds and Disease in the Middle Ages" is a three day event which is free and open to the public (including the receptions and the performance by Benjamin Bagby on Friday evening). All of the events will be held in the Steele Hall Mainstage Theatre unless otherwise noted.

### **Wednesday, Oct. 20**

*9:30 a.m. to 4 p.m.* Friesian horse display (the closest living representative of the medieval warhorse) Location TBD

*10 to 11 a.m.* Historical Fencing Demo on the turf outside of Natali

*11 a.m. to Noon* "What is Medieval Military History and Why Does it Matter?" presented by John France from the University of Wales-Swansea. France, the foremost military historian of the crusades, explains exciting new discoveries made by medieval military historians, some of which have radically altered our understanding of warfare in the Middle Ages.

*1 to 2 p.m.* Historical fencing demo on the turf outside of Natali and a longbow display in the Steele Hall Mainstage Theatre

*2 to 3:30 p.m.* "How Effective was the Medieval Longbow and What Kind of Damage Did It Do?" is a debate by medieval military historians Kelly DeVries from Loyola University-Maryland and Clifford R. Rogers from the US Military Academy at West Point. Some historians have argued that the longbow was a lethally effective weapon, while others have argued that it was not. Hear two of the foremost players in the debate argue with each other, and decide for yourself who is more convincing.

*3:30 to 5:30 p.m.* Longbow Display

*4 to 5 p.m.* Reception in the Multipurpose Room in Johnson Hall.

### **Thursday, Oct. 21**

*9 to 10 a.m.* "Fencing, Theatre, Film and Careers" is a discussion of ways to fuse an interest in fencing, theatre and film into a career, by John Lennox, a noted expert in historical fencing and an

accomplished actor who has both directed and appeared in numerous stage and screen productions.

*9:30 a.m. to 4 p.m.* Friesian horse display (the closest living representative of the medieval warhorse) Location TBD

*10 to 11 a.m.* Fencing Demo by the Cal U Fencing Club on the turf outside of Natali

*11 a.m. to Noon* Keynote Address: "Medieval Medical Care: Stereotypes and Reality" presented by Dr. Piers Mitchell, a practicing surgeon and a paleopathologist at Cambridge University. The stereotype of medieval medicine is that it was primitive, hampered by superstition, and largely ineffective. Hear the evidence for--and against--this myth, and decide if it is accurate.

*1 to 2 p.m.* Historical fencing demo on the turf outside of Natali

*2 to 3 p.m.* "Trauma Patterns in the Mongol Empire," a talk on palaeopathology and archaeology in Asia by Christine Lee, a professor at Beijing University and a National Geographic Emerging Explorer for 2010.

*4 to 5 p.m.* Reception in the Johnson Hall Multipurpose Room

## **Friday, Oct. 22**

*9 to 10 a.m.* Historical fencing demo on the turf outside of Natali

*9:30 a.m. to 4:30 p.m.* Friesian horse display (the closest living representative of the medieval warhorse) Location TBD

*10 to 11 a.m.* "Paleopathology: the Archaeology of Health in the Past" presented by Dr. Piers Mitchell of Cambridge University, explaining what paleopathology is, what sorts of things a paleopathologist digs through in order to study the past, and what paleopathology can tell us that other historical sources can not.

*11 a.m. to Noon* Historical Fencing Demo on the turf outside of Natali

*11 a.m. to Noon* "The Succor of Horror: Finding Pleasure in Pain in the Middle Ages," a talk by Anthony Adams of Brown University, dealing with warfare and injuries as they are depicted in medieval literature.

*Noon to 1 p.m.* "Beowulf" workshop, conducted by Benjamin Bagby, an internationally recognized expert in early music and Anglo-Saxon epics. Useful for those who teach or study Beowulf.

2 to 3 p.m. "Blood Red Roses: Paleopathology and the Battle of Towton," a talk on trauma to casualties after the battle of Towton in England in 1461, by Anthea Boylston of the University of Leeds. The talk will draw on Boylston's experiences in excavating the battle site and subsequently preparing both a book and a popular BBC television program on her findings.

3 to 4 p.m. Book signing

4 to 5 p.m. Reception in the Johnson Hall Multipurpose Room

7:30 to 9:30 p.m. A performance of the first part of "Beowulf" by internationally acclaimed early music specialist Benjamin Bagby, founder of the group Sequentia, featured on numerous CDs and concert programs throughout North America and Europe.



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[http://209.87.161.199/EventList.aspx?eventid=6677&view=EventDetails&information\\_id=14352](http://209.87.161.199/EventList.aspx?eventid=6677&view=EventDetails&information_id=14352)



Upcoming Calendar – includes non-SCA events of interest

**SEPTEMBER**

September 6 -- Labor Day

September 9 -- Rosh Hashanah

September 11 -- World Trade Center Anniversary

September 11 – Summer’s End (Beau Fleuve)

<http://sites.google.com/site/summersend2010/home>

September 18 – Yom Kippur

September 18 – Coronation (Hunter’s Home)

<http://shireofhuntershome.webs.com/recentupcomingevents.htm>

September 18 – The Warren County Great Race

<http://www.warrencountygreatrace.com/index.html>

September 19 -- Talk Like a Pirate Day

<http://www.talklikeapirateday.com/>

September 20 -- Aethelmearc Day

September 21 -- Mabon

September 23 -- Fall Equinox

September 24-26 -- Harvest Raid (Heronter)

<http://www.heronter.org/Events/harvest2010.html>

September 28 -- Siobhan inghean ui Liathain's Birthday

**OCTOBER**

October 2 Penn Dixie Scare-assic Park (Rhydderich Hael)

<http://penndixie.org/events/2010/1002pirate/1002pirate.html>

October 4 -- Tronose Modoc's Birthday

October 10 -- Will and Thora's 1<sup>st</sup> wedding anniversary

October 9 – Queen’s Rapier (Stormsport)

<http://www.stormsport.org/subpages/Events.html>

October 11 -- Thanksgiving Day (Canada)

October 11 -- Columbus Day

October 14, 1066 -- Battle of Hastings

October 16 - Fall Crown Tournament (Blackwater)

October 20-22 – Daring to Dance with Death (see ad in this issue)

[http://209.87.161.199/EventList.aspx?eventidn=6677&view=EventDetails&information\\_id=14352](http://209.87.161.199/EventList.aspx?eventidn=6677&view=EventDetails&information_id=14352)

October 23 -- AEcademy (Sylvan Glen)

<http://www.aecademy.org>

October 26 – Dagonell and Cigfran’s 19<sup>th</sup> wedding anniversary

October 31 -- Halloween

October 31 -- Samhain

***The Vigilance: A Publication of Heronter***  
c/o Dagonell the Juggler mka David P. Salley  
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